



Beyond the Money: Eight Keys to a Fulfilling Retirement

Speaker: Sara Zeff Geber, Ph.D., Certified Retirement Coach and owner of LifeEncore, a retirement coaching business.

Retirement isn't all about money, especially for the baby boom generation. In her presentation "Eight Keys to a Fulfilling Retirement," Dr. Sara Zeff Geber will demonstrate why this is such a challenging transition for baby boomers, and why money isn't the only reason this generation *isn't* retiring. Most financial planners have a large numbers of boomer clients, now in their 50s and 60s, and most of them will live another 20-30 years. If they don't know *who* they will *be* or *what* they will *do* after they retire, it can be a pretty scary step.

Sara leaves the financial planning to the experts and challenges her clients with the following:

- How will you spend the next 20-30 years?
- Where will you live?
- How well do you like *yourself* (and your spouse!) at this age?
- How healthy are your key relationships?
- What will give your life meaning and purpose?
- What have you learned that you can give back to the world?

Learn from Sara how people achieve a fulfilling retirement lifestyle, regardless of how much money they have accumulated. Learn about the choices people should make as they retire and the questions they need to answer to ensure that they have the life they envision when they make the transition.

After sharing what you can do to ease this transition for boomers, Sara will facilitate round table discussions for participants to talk about their comfort level (or lack of it) with raising these kinds of topics with clients.