



Fifty-Plus, Minus Kids: The Unique Challenges of “Solo Agers”

In “Fifty-Plus, Minus Kids” Dr. Sara Zeff Geber will address the special challenges and considerations for solo agers (singles and couples, gay and straight) who need to prepare for their later-life years without the assistance of adult children.

According to the census bureau’s 2006 “Current Population Survey” the percentage of women age 44 who have never had children doubled between 1980 and 2006, from ~10% to almost 20%. Baby boomers are the first generation in history to realistically expect to live into their 80s, 90s, and even 100s. A longer life can mean more end-of-life care, so what happens when there are no adult children to manage that care and provide the physical and emotional support so necessary during that time period?

Sara’s presentation will include data gathered from professionals in the fields of psychology, geriatric care, elder law, financial planning and others on how to prepare for your *own* future without adult children, as well as how to best help and advise clients without adult children. She will then lead a discussion about the pitfalls and shortcomings of most care systems and how to plan ahead for their own community development, advocacy and care. Participants will also have the opportunity to talk to other solo agers and share thoughts, ideas, and feelings about their future and how they might leverage *strength in numbers*, build community, and support one another.